

# Role of Faith Communities in Suicide Prevention Webinar

## Referenced Resources

### Crisis Line



#### National Suicide Prevention Lifeline (NSPL) -

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

The National Suicide Prevention Lifeline is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. Callers from anywhere in the United States can call 1-800-273-TALK (8255) to be routed to the closest of 162 local crisis centers within Lifeline's network. Trained, caring counselors provide crisis counseling, link callers to emergency services, and offer behavioral health referrals day and night. The automatic greeting prompts veterans, active duty service members, and their families to press "1" to be connected to the Veterans Crisis Line, which is run by the Department of Veterans Affairs (VA) and staffed by VA counselors. Spanish-speaking individuals may call the regular number (where they are prompted to press "2") or call the Spanish line directly at 1-888-628-9454 or visit [www.suicidepreventionlifeline.org/gethelp/spanish.aspx](http://www.suicidepreventionlifeline.org/gethelp/spanish.aspx)

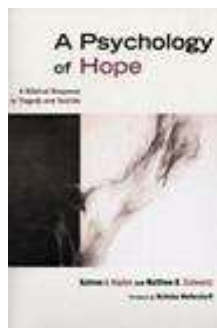
### Faith-based Suicide Prevention Resources (listed alphabetically by resource title)



#### After a Suicide: Recommendations for Religious Services and Other Public Memorial Observances -

[www.sprc.org/sites/sprc.org/files/library/aftersuicide.pdf](http://www.sprc.org/sites/sprc.org/files/library/aftersuicide.pdf)

This is a guide to help community and faith leaders who plan memorial observances and provide support for individuals after the loss of a loved one to suicide.



#### A Psychology of Hope: A Biblical Response to Tragedy and Suicide by Kalman

J. Kaplan & Matthew N. Schwartz - ISBN-10: 0802832717 ISBN-13: 978-0802832719

This book offers a new approach by combining the disciplines of history, psychology, and religion to explain the suicidal element in both Western culture and the individual, and how to treat it. Historical in scope, the book offers a new psychological model linking culture to the suicidal personality and suggests an antidote, especially with regard to the treatment of the suicidal individual.



**Help at Hand: Supporting Survivors of Suicide Loss: A Guide for Funeral Directors** - [www.sprc.org/sites/sprc.org/files/library/funeraldirectors.pdf](http://www.sprc.org/sites/sprc.org/files/library/funeraldirectors.pdf)

This 16-page brochure for funeral directors who are working with suicide survivors covers what's different about suicide deaths, tending to the complex needs of survivors, and dealing with compassion fatigue.



**Mental Health Ministries** - [www.mentalhealthministries.net](http://www.mentalhealthministries.net)

This is an interactive web based ministry to provide educational resources to help erase the stigma of mental illness in our faith communities. Their mission is to help faith communities be caring congregations for people living with a mental illness and those who love and care for them. Resources can be adapted to the unique needs of each faith community.



**Pathways to Promise** - [www.pathways2promise.org/](http://www.pathways2promise.org/)

This is an interfaith cooperative of many faith groups. They provide assistance and are a resource center which offers liturgical and educational materials, program models, caring ministry with people experiencing a mental illness and their families.



**The Role of Faith Communities in Preventing Suicide A Report of an Interfaith Suicide Prevention Dialogue** -

[www.sprc.org/sites/sprc.org/files/library/faith\\_dialogue.pdf](http://www.sprc.org/sites/sprc.org/files/library/faith_dialogue.pdf)

This report is the result of leaders convened by the Substance Abuse and Mental Health Services Administration (SAMHSA) to further the progress of faith communities in preventing suicide, and was developed by the Suicide Prevention Resource Center (SPRC). Participants included representatives of the five largest faith groups in the United States: Christian, Jewish, Islamic, Buddhist, and Hindu.



**The Role of Faith Communities in Suicide Prevention: A Guidebook for Faith Leaders** -

[www.sprc.org/sites/sprc.org/files/library/2010FaithLeaderGuideBookweb.pdf](http://www.sprc.org/sites/sprc.org/files/library/2010FaithLeaderGuideBookweb.pdf)

The purpose of this guidebook is to prepare leaders of faith communities to prevent, intervene and respond to the tragedy of suicide.



### **The Role of Faith Community Leaders in Preventing Suicide**

(SPRC Customized Information Series). -

[www.sprc.org/sites/sprc.org/files/FaithCommunityLeaders.pdf](http://www.sprc.org/sites/sprc.org/files/FaithCommunityLeaders.pdf)

This brief sheet provides basic information to help faith community leaders recognize and respond to people who may be suicidal or at high risk. It also contains a list of relevant resource materials and organizations.

## **Suicide Prevention Resources (listed alphabetically by resource title)**



### **2012 National Strategy for Suicide Prevention: Goals and Objectives for Action - A report of the U.S. Surgeon General and of the National Action Alliance for Suicide Prevention (NSSP) -**

[www.surgeongeneral.gov/library/reports/national-strategy-suicide-prevention/full\\_report-rev.pdf](http://www.surgeongeneral.gov/library/reports/national-strategy-suicide-prevention/full_report-rev.pdf)

On September 10, 2012 the Action Alliance, along with the U.S. Surgeon General, Dr. Regina Benjamin, released the revised NSSP. It emphasizes the role every American can play in protecting their friends, family members, and colleagues from suicide. It also provides guidance for schools, businesses, health systems, clinicians, and many other sectors. It also takes into account nearly a decade of research and other advancements in the field

### **National Action Alliance for Suicide Prevention -**

[www.ActionAllianceforSuicidePrevention.org](http://www.ActionAllianceforSuicidePrevention.org)

This is the public-private partnership advancing the National Strategy for Suicide Prevention (NSSP) by championing suicide prevention as a national priority, catalyzing efforts to implement high-priority objectives of the NSSP, and cultivating the resources needed to sustain progress. Launched in 2010 by U.S. Health and Human Services Secretary Kathleen Sebelius and former U.S. Defense Secretary Robert Gates, the Action Alliance envisions a nation free from the tragic event of suicide with a goal of saving 20,000 lives in five years.



### **National Council for Suicide Prevention (NCSP) - [www.ncsponline.org](http://www.ncsponline.org)**



The NCSP is a coalition of eight national organizations with missions to advance suicide prevention through leadership, advocacy and a collective voice. During the last year, these organizations have directly impacted the lives of over 2 million people and generated over 100 million media impressions.



### **Substance Abuse and Mental Health Services Administration -**

[www.samhsa.gov](http://www.samhsa.gov)

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. SAMHSA funds a several critical suicide prevention grant programs (including the National Suicide Prevention Lifeline, Suicide Prevention Resource Center, and Garrett Lee Smith State, Tribal, and Campus Youth Suicide Prevention Programs; see [www.samhsa.gov/prevention/suicide.aspx](http://www.samhsa.gov/prevention/suicide.aspx)), and offers a variety of publications (<http://store.samhsa.gov/home>) free of charge.



### **Suicide Prevention Resource Center (SPRC) - [www.sprc.org](http://www.sprc.org)**

SPRC is the nation's only federally supported resource center devoted to advancing the *National Strategy for Suicide Prevention*. They provide technical assistance, training, and materials to increase the knowledge and expertise of suicide prevention practitioners and other professionals serving people at risk for suicide. They also promote collaboration among a variety of organizations that play a role in developing the field of suicide prevention. SPRC also collaboratively manages the Best Practices Registry with the American Foundation for Suicide Prevention.